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GÖTEBORGS
AIKIDOKLUBB

WELCOME TO GOTHENBURG INTERNATIONAL AIKIDO WEEKS

Two intensive SOTO-DESHI weeks in Gothenburg, Sweden
June 25–29 and July 2–6, 2012

with

Shihan Ulf Evenås, 7 Dan.

The Gothenburg Aikido Club has a long tradition of organizing two events every year – the New Year Seminar and Uchideshi weeks after Midsummer. The mid-winter training and the mid-summer training are old traditions from O'Sensei's time.

For more than 20 years Aikidoka from all over the world have stayed as Uchideshi during these periods at the Gothenburg Aikido Club and trained under my supervision. In recent years the popularity of the summer event has increased, so in 2008 we changed the program so the students could stay outside the dojo. We call this our Soto-deshi program. However, it is mandatory to participate in all classes and activities.

Nevertheless, the number of students is limited to keep the close, "family" feeling. This is an international event, with students from many countries and continents. Read more at <http://goteborgsaikidoklubb.se/?p=1073>

I will teach Iwama Takemusu Aikido– Taijutsu, Ken and Jo, as I learned directly from Morihiro Saito Shihan during 29 years. You will train in an environment of qualified Aikidoka from the Gothenburg Aikido Club and all over the world.

You can choose to come for one or two weeks and it is open to everyone. It is recommended, however, that you know some basics of ken and jo.

The event will take place at the Frölunda Judo Club, where we can practice Bukiwaza outside, and Taijutsu inside. From the dojo it is walking distance to one of the best beaches in the Gothenburg area and the public transportation to the central part of the city is very good.

Welcome,

Ulf & Gothenburg Aikido Club





The Programme

Location: Frölunda Judo Club, Klubbvägen 8, Västra Frölunda.

Time: Week 1: June 25 – 29, 2012
Week 2: July 2 – 6, 2012

Daily Schedule: 09.00–10.00 Bukiwaza
10.30–11.30 Taijutsu
16.30–17.30 Bukiwaza
18.00–19.15 Taijutsu (together with Gothenburg Aikido Club)
On Monday there will be a Welcome party and on Friday a Sayonara party.

Fee: One week SEK 1.100 (€ 130), Two weeks SEK 2.000 (€ 230). The fee includes training, welcome party and sayonara party. Price for the welcome party for non-participants (family members): SEK 100. Children free.

Other: Bring Bokken and Jo. Participants traveling by airplane can borrow ken and jo from the Gothenburg Aikido Club. • All participants must be fully insured. • Selling and advertising is forbidden without permission. • Filming or photography during the sessions is forbidden without permission.

Enrolment: Phone Gothenburg Aikido Dojo: +46 31 410590, or info@takemusuaikido.se
Direct phone to Ulf Evenås: +46 705 255569
Deadline for registration: 2012-06-17.
NB: There is a limited number of participants. Admission is on a first come first served basis.

Gothenburg Aikido Club

The Gothenburg Aikido Club is one of the oldest and largest Aikido Dojos in Scandinavia, with its roots in the 1960's. The Gothenburg Aikido Club began training Iwama Takemusu Aikido in 1969. With more than 40 years of experience in Traditional Aikido, the club is the oldest existing Iwama "Style" dojo outside Japan. Read more at: www.goteborgsaikidoklubb.se

Ulf Evenås

Ulf Evenås is a 7th dan Aikikai and Aikikai Shihan. He also received a 7th dan and Shihan in Iwama Takemusu Aikido title directly from Morihiro Saito Shihan. Ulf has a full teaching certification in Bukiwaza with all five Mokuroku scrolls from Morihiro Saito Sensei. He is the only person in the world with all of these credentials.

Ulf Sensei is one of the most qualified and experienced Aikido teachers in the world and has taught more than 600 seminars - in 20 countries on five continents!

Accommodation Gothenburg Aikido Club or Frölunda Judo Club: 200 SEK per week (six nights). Bring sleeping bag. • Low price Hotel Formule1, walking distance to dojo, tel. +46 (0)31 492400, www.hotelformule1.com • Göteborgs Vandrarhem (Hostel), Mölndalsvägen 23, +46 (0)31-40 10 50, www.goteborgsvandrarhem.se • Nice Bed & Breakfast AB, Utlandagatan 18, +46 (0)31-20 21 50, www.hotelnice.se • You can rent a cabin, bring a tent or a caravan to the nearby beach (Askimbadet) Tel: +46 (0)31 28 62 61, <http://www.liseberg.com/en/home/Accommodation/Camping/Lisebergs-Camping-Askim-Strand/> • Ibis Hotel <http://www.ibishotel.se/goteborg-molndal/> • More suggestions at <http://www.goteborg.com/en/> • If you need any help – contact us!