

For the 22nd time, the Gothenburg Aikido Club organizes the New Year Seminar with Ulf Evenås Shihan. The seminar is in the tradition of O'Sensei – to practice at the coldest and warmest time of the year but also to start the new year in the Japanese tradition of "Kagamibiraki".

This is an occasion when aikidoka from all over the world come together to meet old friends and make new but most of all – to practice Aikido in the spirit of Morihiro Saito Shihan.

During four days we will be training Iwama Takemusu Aikido – taijutsu, ken and jo. On Saturday evening there will be a party. The seminar is open to everyone, regardless of rank or "style".



TRADITIONAL NEW YEAR SEMINAR

Shihan Ulf Evenås, 7 dan
Gothenburg • January 3–6, 2013

Location Frölunda Judoklubb, Klubbvägen 8. V. Frölunda

Fees 750 SEK (€ 85). Two days 550 SEK (€ 65). Payment before first training. Party: 150 SEK (€ 18).

Enrolment info@takemusuaikido.org or Gothenburg Aikido Club
tel: + 46 (0)31 410590, info@goteborgsaikidoklubb.se

Deadline for registration: December 28, 2012

SCHEDULE

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|--------------|---------------|---------------|----------------------|---------------|-------------|
| Thursday 3/1 | 12.30 – 13.30 | 15.00 – 16.15 | 16.30 – 17.30 | | |
| Friday 4/1 | 10.00 – 11.00 | 11.15 – 12.15 | 15.00 – 16.15 | 16.30 – 17.30 | |
| Saturday 5/1 | 10.00 – 11.00 | 11.15 – 12.15 | 15.00 – 16.15 | 16.30 – 17.30 | 19.30 party |
| Sunday 6/1 | 10.00 – 11.00 | 11.15 – 12.30 | 13.30 – Examinations | | |

The **Gothenburg Aikido Club** started as a small group of enthusiasts in the late 1960's under the leadership of Carl Hansson. In 1969 the group became more organized and that same year it began Iwama Takemusu Aikido, introduced by Takeji Tomita Sensei. With more than 40 years of experience in Iwama Aikido, the club is the oldest existing Iwama "Style" Dojo outside Japan and one of the biggest Aikido dojos in Scandinavia.

Ulf Evenås is the chief instructor of the Gothenburg Aikido Club and started Aikido in 1968 and Iwama Takemusu Aikido in 1969. He holds the rank of 7th dan Aikikai and is appointed an Aikikai Shihan. He was also awarded 7th Dan Iwama Takemusu Aikido and full certification in Bukiwaza (5th level) by Morihiro Saito Sensei, who appointed Ulf a Shihan and his personal representative.

*Welcome,
Ulf and Gothenburg Aikido Club*

Accommodation Gothenburg Aikido Club or Frölunda Judoklubb 50 SEK (€6) per night. Bring a sleeping bag. • Hotel Formule 1. Low price, walking distance from the dojo, www.hotelformule1.com tel. +46 (0)31 492400 • Ibis Hotel, Idrottsvägen 6, Mölndal, www.ibishotel.se/goteborg-molndal/ tel. +46 (0) 31-679630

Ken and Jo are required for Buki-waza classes. • Participants travelling by air can borrow ken and jo, please notify us. • All selling of products by Gothenburg Aikido Club only. • Filming and photo during the sessions is forbidden without permission. • All participants must be fully insured.



合氣道

GÖTEBORGS
AIKIDOKLUBB