



# TRADITIONAL NEW YEAR SEMINAR IN GOTHENBURG

January 2–5, 2016  
Shihan Ulf Evenås, 7 Dan Aikikai

For the 25th time, Gothenburg Aikido Club organizes the New Year seminar with Ulf Evenås Shihan. The seminar follows the tradition to practice at the coldest and warmest time of the year – “kan-geiko” and “shochu-geiko”.

This is an occasion when aikidoka from all over the world come together to meet old friends and make new, but most of all to practice Aikido in the spirit of Morihiro Saito Shihan.

During three days we will be training Iwama Takemusu Aikido – taijutsu, ken and jo. On Monday evening there will be a party. The seminar is open to everyone, regardless of rank or “style”.

<b>LOCATION</b>	Frölunda Judoklubb, Klubbvägen 8. V. Frölunda
<b>FEES</b>	800 SEK (€ 100). Two days 550 SEK (€ 70). Payment before first training.
<b>PARTY</b>	160 SEK (€ 20). Notify participation when you register.
<b>ENROLMENT</b>	info@takemusuaikido (deadline December 28, 2015)
<b>ACCOMODATION</b>	Gothenburg Aikido Club 50 SEK (€ 5) per night, or Frölunda Judoklubb 75 SEK (€ 10) per night. Bring sleeping bag. Ibis Hotel, <a href="http://www.ibishotel.se/goteborg-molndal/">www.ibishotel.se/goteborg-molndal/</a>
<b>OTHER</b>	Bring ken and jo. Participants traveling by airplane can borrow weapons. Selling of products, or advertising, by Gothenburg Aikido Club only. All participant must be fully insured. It is the right of instructors and participants to choose to not be photographed or filmed. Therefore photographing and filming is forbidden without permission.
<b>SCHEDULE</b>	Saturday 2/1 12.30 – 13.30 15.00 – 16.15 16.30 – 17.30 Sunday 3/1 10.00 – 11.00 11.15 – 12.15 15.00 – 16.15 16.30 – 17.30 Monday 4/1 10.00 – 11.00 11.15 – 12.15 15.00 – 16.15 16.30 – 17.30 19.30 – party Tuesday 5/1 10.00 – 11.00 11.15 – 12.15 13.00 – examinations

**Gothenburg Aikido Club** started as a small group of enthusiasts in the late 1960's, under the leadership of Carl Hansson (1910–1996). In 1969 the group became more organized and the same year it began with Iwama Takemusu Aikido, introduced by Takeji Tomita Sensei. With 47 years of experience in Iwama Aikido, Gothenburg Aikido Club is the oldest existing Iwama “style” dojo outside Japan.

**Ulf Evenås** is the chief instructor of the Gothenburg Aikido Club. After training Karate, he started Aikido training 1968 and Iwama Takemusu Aikido in 1969. He holds the rank of 7th dan Aikikai and is appointed Aikikai Shihan. He was also awarded 7th Dan in Iwama Ryu and has full certification in Bukiwaza (5th level) directly by Morihiro Saito Sensei, who also appointed Ulf a Shihan and his personal representative.

