

50 YEARS IN TAKEMUSU AIKIDO 1969-2019

GOTHENBURG INTERNATIONAL SHOCHU-GEIKO 2019

July 1–6, 2019

Shihan Ulf Evenås, 7 dan Aikikai

Assistant teacher, Dan Borg Sensei, 6 dan Aikikai

Gothenburg Aikido Club has a long tradition of organizing both mid-summer and mid-winter training, Shochu-geiko and kan-geiko – training at the warmest, and coldest, time of the year. For 20 years Aikidoka have been coming in the summer to study under the supervision of Ulf Evenås Shihan.

Ulf Sensei will teach Traditional Aikido – taijutsu, ken and jo – as he learned it directly from Morihiro Saito Shihan, as a close student during 29 years. He will teach bukiwaza basics, advanced and variations, with focus on the relation with taijutsu (riai) and basic taijutsu, variations, ki no nagare and kokyunage.

The event is open to everyone, regardless of Aikido style and rank. You will train together with highly qualified Aikidoka, as well as other trainees on all levels, from all over the world. This is an opportunity to practice Aikido on a high level, and to meet old friends and make new.

The training venue is Frölunda Judo Club, with 360 square meters of tatami, and possibilities for outdoor practice of ken and jo. The Judo club has a fully equipped kitchen, and is located close to a big shopping center. From the dojo it is close to one of the best beaches in the Gothenburg area, and excellent public transportation to the central part of the city.

Welcome,
Gothenburg Aikido Club & Ulf Evenås





THE PROGRAM

Location	Frölunda Judo Club, Klubbvägen 35, Västra Frölunda, Sweden
Time	July 1–6, 2019
Fee	1.100 SEK (€ 120). Payment on arrival.
Enrolment	Phone: +46 705 255569, email: info@takemusuaikido.org Deadline for registration: 2019-06-28.
Accommodation	Frölunda Judo Club: 80 SEK (€ 9) per night. Bring sleeping bag. Gothenburg Aikido Club: 60 SEK (€ 7) per night. Bring sleeping bag. Good Morning Hotel Idrottsvägen 6, Mölndal, +46 (0) 31-679630 https://ligula.se/goodmorninghotels/molndal/
Other	Bring bokken and jo. Participants traveling by airplane can borrow weapons. All participants must be fully insured. Selling, advertising, and filming/photography during the sessions is forbidden without permission.
Daily schedule	There will be four classes a day (Saturday two) – ken, jo and taijutsu. On Monday there will be a Welcome party and on Saturday a Sayonara party.

Ulf Evenås is a 7th dan Aikikai Shihan. He also received 7th dan and was appointed Shihan (Takemusu Aikido) directly from Morihiro Saito Shihan, who also appointed Ulf-sensei as his personal representative. He also has a full teaching certification in Bukiwaza, the fifth level of the Mokuroku (transmission scrolls).

Ulf-sensei is the head instructor of the Gothenburg Aikido Club, and one of the most qualified, and experienced, Aikido teachers in the world. The International Aikido Federation (IAF) uses Ulf Evenås as their representing Shihan, technical coordinator and demonstrator in major events such as IAF:s Congress and World Combat Games. Ulf-sensei has been teaching 800 seminars in 25 countries worldwide.

Dan Borg is a 6th dan Aikikai Shidoin and has received the fourth Mokuroku in Bukiwaza from Morihiro Saito Shihan. He started training Aikido at Gothenburg Aikido Club under Ulf Evenås Shihan in 1980 after training Judo and Jiu Jitsu for a few years. He has been an uchi-deshi in Shibu Dojo, Iwama and an instructor at Gothenburg Aikido Club since 1990. He has also assisted Ulf Evenås on seminars in Sweden, Russia, Lithuania, Germany and Ukraine. He has also held seminars in Sweden, Lithuania and Germany. Since 2014 he is the chairman of Gothenburg Aikido Club.

Gothenburg Aikido Club started as a small group of enthusiasts in the late 1960's, under the leadership of Carl Hansson (1910–1996). In 1969 the group became more organized and the same year it began with Iwama Takemusu Aikido, introduced by sensei Takeji Tomita. With 50 years of experience Gothenburg Aikido Club is the oldest existing Iwama "style" dojo outside Japan.

For more than 40 years Gothenburg Aikido Club has been established as a center of Takemusu Aikido. The club has invited many famous teachers, such as Morihiro Saito Shihan, Hiroshi Isoyama Shihan, Shigemi Inagaki Shihan, Hiroshi Yonemochi Shihan, Bill Witt Shihan, Paolo Corallini Shihan, Hiroki Nemoto Shihan, David Alexander Sensei, Hitohira Saito Sensei, Pat Hendricks Shihan, Stanley Pranin Sensei and more. Read more at: www.goteborgsaikidoklubb.se.